

MAY 2023



Lunch orders must be placed by Noon the Friday of the week before by calling the Transportation Office at (203)272-0047

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Donation is \$ 3.00 per meal		3	4 Cream of Mushroom soup, Salisbury Steak, Mashed Potatoes, Cabbage, Wheat Dinner Roll, Pineapple & Milk	5 Taco Seasoned Fish (Pollock), Rice / Beans, Corn O'Brien, Flour Tortilla, Fresh Fruit & Milk
8	9 Meatloaf w/ Gravy, Mashed Potatoes, Broccoli, Wheat Dinner Roll, Applesauce & Milk	10	11 Mushroom Barkley soup, BBQ Pork Loin, Rosemary Roasted Potatoes, Glazed Carrots, Multigrain Bread, Fresh Fruit & Milk	12 Chicken w/ Picante Sauce, Brown Rice, Zucchini, Cornbread Muffin, Pineapple & Milk
15	16 Spinach Quiche, Roasted Potatoes, Stewed Tomatoes, Blueberry Muffin, Pears & Milk	17	18 Hamburger Patty, Steak Fries, Carrots, Hamburger Bun, Mixed Fruit Juice, Chocolate Chip Cookie & Milk	19 Chile Verde Pork, Confetti Brown Rice, Broccoli, Flour Tortilla, Fresh Fruit & Milk
22	23 Chicken a La King, White Rice, Green Beans w/Peppers, Wheat Dinner Roll, Fresh Fruit & Milk	24	25 Sweet & Sour Pork, Lo Mein Noodles, Asian Vegetable Blend, White Bread, Fresh Fruit & Milk	26 Pinto Beans & Spanish Rice, Broccoli, Cornbread muffin, Vanilla Pudding, Assorted Fresh Fruit Juice & Milk
29	30 Chicken Alfredo, Green Beans, Carrots, Garlic Breadstick, Peaches & Milk	31	In Person Lunches are returning to the Senior Center starting Thursday, May 4th and will be served at 11:40am in the Dining Room	